

Gyenno Gyroscopic Self Stabilizing Eating Utensil Usage Range

1. Cut a 2.8 inch (7 cm) square hole in the center of an 8x11 piece of paper.
2. Ask a friend to vertically hold the piece of paper with both hands. Take a pen and hold it in the center of the hole for 20 seconds, with your hand as close to the hole as possible.
3. Observe and note the amplitude of your hand tremor. The GYENNO Spoon is perfect for you if the pen can be kept inside the opening most of the time.
4. If the pen hits the paper, the effect of the Gyenno Spoon will not be obvious.

